

## TECH CORNER

Have questions? Your guidance counsellors are still available to help you! Get in touch with us through email!

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CLICK on the icons above to follow us on social media 😊

## LEARNING AT HOME...

If you are in need of a device to help with remote learning, then the TDSB is here to help! Fill out the form [here](#) to request a device.



### DROPPING A COURSE?.....

If you are thinking of dropping a course, please contact your Guidance counsellor.

#### Keep in mind:

- Gr 11s are allowed 1 spare, while Gr 12s can have 2 spares.
- We need parents permission (through email)
- Return your textbooks when you come back to school
- Full disclosure date: April 23, 2020

Full disclosure is **April 23, 2020.**

# GUIDANCE NEWS

APRIL 20 – APRIL 24 2020

## AWARDS & SCHOLARSHIP INFORMATION

### GRADUATE AWARDS

The deadline for the Earl Haig graduate awards has been extended to May 15. Check out our guidance site at <http://www.earlhaig.ca/guidance> for more information or to apply.

If you have any questions, please contact Mr. Low at [darren.low@tdsb.on.ca](mailto:darren.low@tdsb.on.ca)

### THE JEAN LUMB

The Jean Lumb awards are presented to students of Chinese heritage who have achieved excellence in Academics, Athletics, the Arts, Community Services, Defence of the Environment, Dignity of Life, and Innovation. To apply, or for more information, visit: [www.jeanlumbfoundation.ca](http://www.jeanlumbfoundation.ca).

**Deadline: May 18, 2020**

### Dennis Waldman Foundation

The Dennis Waldman Scholarship is open to Canadian students in their graduating year from a public secondary school who intend to pursue university-level study. In either case, the applicant must provide a demonstrated history of involvement in Jewish communal life. For more information, visit <http://waldmanfoundation.org/index.html>.

**Deadline: May 1, 2020.**

## Scholarships Made Simple.

ScholarTree is the #1 place to  
Find Scholarships or  
Start a Scholarship in Canada! 🇨🇦

Check out <http://www.scholartree.ca> for an easy-to-use scholarship database. The majority of scholarships will be awarded over the next 2 months so apply soon!

## EVENT OPPORTUNITES

### VIRTUAL TOURS: THE CANADIAN STUDENT GUIDE FOR VIEWING SCHOOLS DURING COVID-19

Need help deciding where to go for college/university next year? Take a virtual tour!

Here's the link:

<https://blog.studentlifenet.com/2020/03/25/virtual-tours-campus-student-guide/>

## SUMMER OPPORTUNITES

### TDSB e-Summer School

TDSB e-Summer School is a FREE high school credit program for secondary school students who wish to pursue secondary school courses online! TDSB e-Summer School offers dozens of online courses available in the July and August sessions. The e-Summer School program is open ONLY to Ontario students aged 14-20.

The Toronto District School Board reserves the right to cancel classes. Students will be contacted in advance of the e-Summer session if the course they have selected is cancelled.

Registration for TDSB ELearning Summer School has started! If you want to take a course, you can register here:

<https://schoolweb.tdsb.on.ca/elearning/e-Summer-School>

Contact your guidance counsellor if you have any questions!

## MENTAL HEALTH SERVICES

At this time it is important to check in on each other, it is great to send a DM, send a snap, or post a pic, but sometimes you need to make sure hear their voice. We know you are on your gadgets more than ever, so here are some sites that can assist you to support a friend in need.

<https://bethere.org/Home>

<https://mindyourmind.ca/>

<http://teenmentalhealth.org/toolbox/>

<https://www.stressedteens.com/covid-19-tool-kit>

**Kids Help Phone.ca**

Call: 1-800-668-6868

Text: CONNECT to [686868](https://www.kidshelpline.ca)



**COVID-19 Youth Mental Health Resource Hub**

<https://jack.org/covid>

**what's up  
walk-in**

'what's up' walk-in counselling sessions are available by phone & video.

**NEW HOURS**  
Monday to Friday  
9:30 a.m. to 7:00 p.m.

**Call Mental Health T.O. at  
1-866-585-MHTO (6486)  
to be connected to a counsellor**

The graphic is a yellow-bordered box with a white background. It contains the 'what's up walk-in' logo at the top, followed by text about walk-in counselling sessions. Below that, it lists 'NEW HOURS' as Monday to Friday, 9:30 a.m. to 7:00 p.m. At the bottom, it provides the phone number 1-866-585-MHTO (6486) and states that calling will connect you to a counsellor.